

# Women of Faith Bible Reading Plan

## Welcome

We are delighted you have chosen to participate in our Women of Faith Bible Reading Plan this fall. It is our desire that you would grow in the grace and knowledge of our Lord and Savior Jesus Christ as you read and meditate on God's word.

## The Bible Reading Plan – The Gospels

1. The Bible reading plan begins September 1<sup>st</sup> and ends December 31<sup>st</sup>.
2. Monday through Friday you will read one chapter per day.
3. Saturday is a make-up day for any reading you might have missed during the week.
4. Sunday receive the Word as you worship at your local church.

Note: If for any reason you fall behind, don't stress and give up. Just press ahead and read that day's Scripture reading. Life happens. Remember, any time you spend reading God's word is profitable.

## Daily Reading

1. Begin with prayer. Ask the Holy Spirit to open your eyes and give you understanding as you read God's holy word.

Psalm 119:18 *Open my eyes, that I may behold wondrous things out of your law.*

Psalm 119:34 *Give me understanding, that I may keep your law and observe it with my whole heart.*

Psalm 119:125 *I am your servant; give me understanding, that I may know your testimonies!*

2. Read the assigned chapter for that day. See the Women of Faith Bible Reading Plan schedule.

## Meditate on the Word

1. Take the time to meditate on what you have read. "Biblical meditation is pondering the words of Scripture with a receptive heart, trusting the Holy Spirit to work in you through those words." It involves deeply thinking, reflecting and considering thoroughly the meaning and application of God's word.

Psalm 119:15 *I will meditate on your precepts and fix my eyes on your ways.*

Psalm 119:27 *Make me understand the way of your precepts, and I will mediate on your wondrous works.*

Psalm 119:97 *Oh how I love your law! It is my meditation all the day.*

2. As you read the passage, consider the following questions:
  - 1) What does this teach me about God, Jesus and/or the Holy Spirit?
  - 2) What does this teach me about mankind and/or myself?
  - 3) How might this transform my life and/or thinking?

# Women of Faith Bible Reading Plan

## *Pray and Share the Word*

1. End your time in prayer. ACTS: adoration, confession, repentance and supplication.

Psalm 119: 16 *I will delight in your statutes; I will not forget your word.*

Psalm 119:7 *I will praise you with an upright heart, when I learn your righteous rules.*

Psalm 119:133 *Keep steady my steps according to your promise, and let no iniquity get dominion over me.*

2. As you go about your day, look for opportunities to share God's word. This can be done at the dinner table, through an email, note, text or a phone call. Pray and ask, "Who can I share God's Word with today?"

Hebrews 10:24 *And let us consider how to stir up one another to love and good works, not neglecting to meet together...but encouraging one another, and all the more as you see the Day drawing near.*

1 Thess. 5:11 *Therefore encourage one another and build one another up, just as you are doing.*

## *Optional Suggestions:*

### *Journaling*

Bible journaling can help you slow down and actually think about and absorb the passage you have just read in your Bible. You can keep it really simple and use the questions listed under "Meditate on the Word". Just grab a notebook and pen or use your computer to record your thoughts for each daily reading. There are several different methods available that you can look up on the internet.

### *The Abide Method*

This approach is based on the inductive Bible study method and was created by Risen Motherhood. You can download the pdf instructions off their website. <https://www.risenmotherhood.com/abide>

### *The S.P.E.C.K A Method*

**S** Is there any **SIN** to avoid?

**P** Is there any **PROMISE** to claim?

**E** Is there any good **EXAMPLE** to follow or bad **EXAMPLE** to avoid?

**C** Is there any **COMMAND** to obey?

**K** Is there any **KNOWLEDGE** to remember? (about God or how He works)

**A** What is the **APPLICATION** for my life?